# DRESS CODE



## **Toes & Tumbles**

Any color leotard. Skirts attached to the leo are permitted. Tights optional.

Shoes: Pink Ballet Shoes

## 5 - 7 Combo & 7 - 9 Combo

Any color leotard. Skirts attached to the leo are permitted. Spandex shorts are also permitted over leos. Tights optional.

<u>Shoes</u>: Pink Ballet Shoes | Black Tap Shoes | Tan Jazz Shoes optional

## 8+ Combo , 12+ Combo & Combos 3 - 6

Any color leotard. Spandex shorts are also permitted over leos. Tights optional.

Shoes: Half Soles | Tan Jazz Shoes

## **Ballet**

Any color leotard and tights. Ballet skirts are permitted over the leo.

> <u>Shoes:</u> Pink Ballet Shoes Hair <u>must</u> be in a slick-back bun

## **Musical Theatre**

Any color leotard. Spandex shorts are also permitted over leos. Tights optional.

Shoes: Tan Jazz Shoes

## Hip Hop

Loose, comfortable clothing may be worn for this class. No Jeans.

Shoes: CLEAN Sneakers

## <u>Tap</u>

Any color leotard. Spandex shorts are also permitted over leos. Tights optional.

**Shoes**: Black Tap Shoes

## Modern

Any color leotard. Spandex shorts are also permitted over leos. Tights optional.

Shoes: Barefoot

## **Dance Team Prep**

Any color leotard. Spandex shorts are also permitted over leos. Tights optional.

<u>Shoes</u>: Half Soles, Jazz Shoes & CLEAN Sneakers

## Stretch / Pilates

Any color leotard. Spandex shorts are also permitted over leos. Tights optional.

Shoes: Barefoot

#### Male Students\*\*

Solid-color t-shirt
Black Athletic Shorts or Pants
Shoes: Black Shoes for their styles
"For Hip Hop, refer to the Hip Hop Dress
Code

## Acro

Any color leotard. Spandex shorts are also permitted over leos.

Shoes: Barefoot

## Hair:

Students must wear their hair pulled back in a ponytail or bun at all times during instruction.

A BALLET BUN is REQUIRED for traditional ballet classes.

If the hair is too short, please secure with hair clips away from the dancer's face.

# **Links to Local Dance Shops:**

#### The Dance Station

https://www.thedancestationllc.com

#### **Dancers Dressing Room**

http://dancersdressingroom.com

## **Brandywine Dance Shop**

https://brandywinedanceshoppe.square.site

# The "Why" Behind Our Dress Code

- <u>Alignment</u>: Teachers need to be able to see a dancer's alignment and positioning from head to toe to make corrections and ensure proper execution of steps and techniques.
- <u>Discipline</u>: Dress codes can help teach students discipline and encourage a sense of organization, cleanliness, and structure.
- Cohesiveness: Wearing a dance uniform can help kids feel part of a group and create a visual cohesiveness. This is helpful for teachers as well.
- Focus: Dress codes help dancers focus on their steps and eliminate distractions so they can learn and perform at their best. Students may also be less likely to fidget with their clothes or wipe their hair our of their faces.
- Movement: Proper clothing allows dancers to move freely without their clothes being a hazard. Improper clothing can impact a dancer's technique & precision.